

Consent for Nexplanon Insertion



I will be having a NEXPLANON (hormonal implant) inserted. **I understand the following:**

NEXPLANON is an implant that releases a progesterone hormone (etonogestrel) to prevent pregnancy. I do not have an allergy to the hormone etonogestrel.

NEXPLANON may not be effective if I use medications that can affect my liver function, or if I take certain anti-epileptic/convulsant medications. I confirm that I do not have the following medical conditions: a liver tumor, breast cancer, SLE, or unexplained vaginal bleeding.

NEXPLANON should not be placed if I am already pregnant, and to the best of my knowledge I am not currently pregnant.

NEXPLANON protects against pregnancy for 3 years. I have been informed that the FDA (U.S. Food and Drug Administration) has extended the approval of NEXPLANON to 5 years and that Health Canada is reviewing similar extensions. I understand I have the option to discuss removal at any time, at the 3-year mark, or continue using it based on updated data.

NEXPLANON is placed just under my skin on the inside of my upper arm during a procedure by the physician. The risks of placement include redness, infection, bruising, pain, swelling, scarring, incorrect placement (which can lead to the implant moving or pain/numbness), and incomplete insertion or expulsion (implant falls out). There is a rare possibility that NEXPLANON is inserted too deeply and is inserted into my blood vessels; this risk is less than 1/10 000.

I understand common side effects including headache, breast pain, abdominal pain, irregular bleeding, and occasional heavier periods. I understand there are less common side effects including weight gain (commonly 0-2.5 kg), acne, emotional changes and potential medical interactions.

Most people have changes in their menstrual bleeding patterns while using NEXPLANON. I am aware that I will likely have changes in my menstrual bleeding pattern. My bleeding may be irregular, lighter or heavier, or my bleeding may completely stop.

After my NEXPLANON has been implanted in my arm I should check that it is in place by gently pressing my fingertips over the skin where the implant was placed. I should be able to feel the implant.

Removal is usually a minor procedure. Sometimes, removal may be more difficult. Special procedures, including surgery in the hospital may be needed. Difficult removal may cause pain and/or scarring and may result in injury to nerves and blood vessels.

I should tell my healthcare providers that I am using NEXPLANON. If I think I am pregnant, I should contact my healthcare provider as soon as possible.

I am aware that NEXPLANON does not protect me from sexually transmitted infections.

A nurse and/or doctor talked with me and gave me written information about NEXPLANON. I understand that information and choose to use this method of birth control.